

THIBELA HASANO YA COVID-19

SESO THO

HAONA BOHLOKWA BA HO TSOHA. EMPA MMOHO, HARENKA TLOKOMELISO, REKA FOKOTSA HASANO YA COVID-19. LEKA KAHOHLE HO LATELA LITATAISO TSENA TSELATELANG.



**KAKOPO,
RAPELA
LAPENG**

Oseke waya kerekeng ka nako ena. Dikopano tsa batho babangata ke kotsi ea bophelo. Kopano tsa batho balekholo hajoale di emisitswe lefatseng la Aforika borwa.



**HLAPA MATSOHO
NAKO TSOHLE**

Hlapa matsoho bonyane metsotsoana e mashome a mabeli ka metsi le sesepa. Hlapa matsoho khafetsea.



**BOLOKA HOLE LE
BABANG**

Boloka hole le babang neng kappa neng ha ho khonahala. Boloka hole le babang mitha e le 'ngoe ho isa ho tse peli neng kapa neng ha ho khonahala.



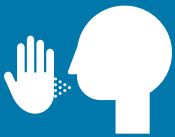
**U SEKE OA AMA
SEFAHLEHO SA
HAU**

U seke oa ama sefahleho sa hau, haholoholo nko ya hau, molomu le mahlo, ka matsoho a hau a sa hlatsuolang.



**U SEKE OA
TSOARANA KA
MATSOHO**

U seke oa tsoarana ka matsoho ha odumedisa, empa o ka ama liqha.



**KWALA HA O
KHOHLELA KAPA O
THIMOLA**

Kwala molomu ha o khohlela kapa o thimola, kwala ka pampiri ea ntloaneng (e lahle ha ofetsa) ha osena pampiri ea ntloaneng, khohlela kapa u nyenyefatse ka moqomong o nong o inameng.



LULA HAE

Haeba u ba le matsoao, letsetsa toll-free hotline on 0800 029 999.

For reliable information and updates, visit www.sacoronavirus.co.za.

This information was collated by The Scalabrini Centre of Cape Town from governmental resources.